

CURRICULUM VITAE

Joyce P. Sligar, PT, MBA, MA, CEEAA

Governors State University
Physical Therapy Program
College of Health and Human Services
University Park, IL 60466
(708) 534-4842

Education:

Governors State University
University Park, IL
Education
Master of Arts, 2002

Governors State University
University Park, IL
Business
Master of Business Administration, 1989

University of Missouri
Columbia, MO
Physical Therapy
Bachelor of Science, 1967

Licensure Information/Registration Number:

Illinois Physical Therapist License 070-001663

Certifications

Credentialed Clinical Instructor since March, 1999
Advanced Clinical Instructor since November, 2008
Certified Exercise Expert for Aging Adults (CEEAA), April, 2013

Employment and Positions Held:

University Lecturer and
Co-Director of Clinical Education
Governors State University
University Park, IL
1996-present
Promoted to Senior Lecturer, 2007

Physical Therapy Department Head, Supervisor
Restorative Services, Inc.
Merrillville, IN
1986-1996

Physical Therapy Manager
South Suburban Hospital
Hazel Crest, IL
1979-1986

Physical Therapy Manager
Olympia Fields Osteopathic Medical Center
Olympia Fields, IL
1977-1979

Physical Therapy Supervisor
Oak Forest Hospital
Oak Forest, IL
1972-1977

Physical Therapist
St. Luke's Hospital
St. Louis, MO
1968-1972

Physical Therapist
St. John's Hospital
Springfield, MO
1967-1968

Peer Reviewed Scientific and Professional Presentations:

Wojcik RK, Sligar JP: Aging: How can Rehabilitation Professionals Provide the Best Therapeutic Interventions with Older Adults who have Normal or Pathologic Aging Changes? Marianjoy Rehabilitation Hospitals, Elmhurst, IL, September 19, 2013

Wojcik RK, Sligar JP: Improving Health Outcomes for Older Adults with Limited Health Literacy. American Society on Aging: Aging in America. Chicago, IL, March 15, 2013

Wojcik RK, Sligar JP: The Failed Clinical Experience: A Model for School-Clinical Site Partnership for Remediation. Thirteenth Annual MHPE Summer Conference, Department of Medical Education, College of Medicine, University of Illinois at Chicago, July 26, 2012

Wojcik R, Sligar J. Therapeutic Effects of Physical Activity for Persons with Cognitive Decline and Dementia: A Literature Review. Poster presented at the Exercise and Physical Activity in Aging Conference, Indianapolis, IN, July 29-30, 2010.

Sligar J, Wojcik R. Can Physical Activity Protect Against Cognitive Decline and Dementia? A Review of the Literature. Poster presented at the Exercise and Physical Activity in Aging Conference (ExPAAC), Indianapolis, IN, July 29-30, 2010.

Sligar J. Breaking Away From Osteoporosis and Its Consequences Joint meeting of the American Society on Aging and National Council on Aging, Chicago, IL, March 18, 2010.

Sligar J. Physical Therapy and Cognitive Decline. Multi-Disciplinary Program in Geriatrics for Non-Physicians, Naperville, IL, November 2, 2007

Sligar, J. Physical Activity and Dementia: Preventive? Therapeutic? Career Conference, Methodist Hospital, Merrillville, IN, October 10, 2007

Wojcik R, Sligar J. Physical Activity and Dementia: Preventive? Therapeutic? 15th Annual Alzheimer's Association Dementia Care Conference, Chicago, IL, August 28, 2007

Wojcik R, Sligar J. Slowing Cognitive Decline Through Physical Activity and Exercise, Joint Conference of the National Council on the Aging and the American Society on Aging, Chicago, IL, March 7, 2007

Wojcik R, Sligar J. Functional Mobility Tests for Older Adults. Illinois Physical Therapy Association (IPTA) Fall Conference, Springfield, October 17, 2003

Sligar J, Wojcik R. The Older Adult: Communication and Education Issues. Illinois Physical Therapy Association (IPTA) Fall Conference, Springfield, October 17, 2003

Sligar J. An Exercise Program to Improve Motor Performance in Individuals with Alzheimer Disease Living in Institutional Settings (platform presentation), PT 2003: Annual Conference and Exposition of the American Physical Therapy Association, Washington, DC, June 20, 2003

Wojcik R, Sligar J. Falls in Community-Dwelling Older Adults: Risk Factors, Psychological Issues and Prevention Through Multidisciplinary Interventions (workshop). Joint Conference of the National Council on the Aging and the American Society on Aging, Chicago, IL, March 14, 2003

Wojcik RK and Sligar JP: *Improving Outcomes for Older Adults With Limited Health Literacy* (60 minute workshop). Annual conference of The American Society on Aging, Chicago, March 15, 2013

Wojcik R, Sligar JP: *Aging: How Can Rehab Professionals Provide the Best Therapeutic Interventions with Older Adults who have Normal or Pathological Aging Changes?* (inservice): Marianjoy Rehabilitation physical therapy professionals, Elmhurst, IL, September 19, 2013

Wojcik RK, Sligar JP: *Remediation programs for physical therapist students who fail to meet objectives for clinical experiences*, (2-hour program) APTA Combined Sections Meeting, Las Vegas, NV, February 5, 2014

Non-Peer Reviewed Publications:

Edited 2005-2006, 2006-2007 2008-2009, 2009-2010, 2010-2011 *Physical Therapy Program Student Handbook* with R. Wojcik; and P. Collins.

Edited 2005-2006 and 2006-2007 *Clinical Education Manual*, compiled by A. Vendrely and P. Collins.

Sligar J, Wojcik R. Falls in Community-Dwelling Older Adults: Risk Factors, Psychological Issues and Prevention Through Multidisciplinary Interventions, presented at the Joint Conference of the National Council on Aging and the American Society on Aging, March, 2003. Cited in *Clinical Connections*, Lifeline Systems, Inc., Framingham, MA, Summer, 2004.

The Person With a Disability: Implications for Communication (presentation at Students in Communication Conference, October, 2000, Governors State University). Accepted for publication in conference proceedings.

Governors State Physical Therapy Physical Therapy Program Videotape (in support of program candidacy). Collaboration with Communications Department, GSU, Fall, 1997.

PHYT 729 Clinical Practicum Student Information Form, Evaluation of Student Performance, Student Evaluation of Clinical Experience, Clinical Instructor Feedback Form, in *MPT Clinical Education Handbook*, 1997.

Harden T, Sligar J. New Treatment for Chronic Skin Ulcers, *Monitor* (South Suburban Hospital, Hazel Crest, IL, Journal of Professional Services), 1984, 2(1).

Non-Peer Reviewed Presentations:

Sligar J. The Person with a Disability: Implications for Communication. First Annual Governors State University Students in Communication Conference, October 21, 2000.

Diers D, Sligar J. Counseling for Clinical Performance Change. Third Annual Governors State University Clinical Education Conference, June 11, 1999

Use of the Clinical Practicum Forms. First Annual Governors State University Clinical Education Conference, April 29, 1997

Research Activity:

Carter R, Wojcik R, Sligar J. Exercise and Activity in the Well Older Adult. Proposal for Project RIMI (Research Infrastructure in Minority Serving Institutions), submitted 2004

O'Shea R, Wojcik R, Sligar J. An Exercise Program to Improve Motor Performance in Individuals with Alzheimer Disease Living in Institutional Settings, completed June, 2003

Sligar J. Collaborative Goal Setting on Full-Time Student Physical Therapist Clinical Learning Experience: Student Outcomes and Clinical Instructors' Views (masters thesis) defended at Governors State University, July, 2002

Sligar J. The Advantages and Disadvantages of the 1:2 Student: Clinical Instructor Model of Clinical Education in Physical Therapy (research proposal in EDUC810 – Educational Research), Governors State University, Winter Trimester, 1998

Membership, Scientific/Professional Organizations:

American Physical Therapy Association and the sections: Acute Care, Geriatrics, Education and Clinical Electrophysiology and Wound Management

American Society on Aging

Chicago Area Clinical Educators Forum (CACEF)

National Osteoporosis Foundation

Nominated for Excellence Award 2011-2012, Governors State University

Community Service:

Provided *pro bono* physical therapy to dance companies when on site at GSU

Member, Speakers' Bureau, and Volunteer for health fairs and 2004 Fundraiser Walk, Arthritis Foundation, Greater Chicago Chapter. Recipient, Outstanding Arthritis Foundation Volunteer Award, 2002

Assist faculty and student volunteers in annual scoliosis screenings, falls prevention screenings and older adult fitness events

Services to the University/College/School on Committees/Councils/Commissions:

Faculty Advisor, Physical Therapy Student Association, Fall, 1996-Present. Supervise and assist student volunteers in physical fitness screening of police officer candidates, school screening for scoliosis; community screenings for falls, older adult fitness.

Marshal, Governors State University Commencement, annually

Volunteer, Alumni Association Phonathon, annually from 1997 to 2007

Committee member, Governors State University Open House, 1999, 2000

Member, Geriatric Minor Task Force, College of Health Professions, 1997 and 2000

Member, Board of Governors Advisory Committee, 1997

Member, College of Health Professions Committee for Governors State University Blood Drive, 1998

Continuing Education:

Total Hip and Knee Forum for the Physical Therapy Professional, Oak Brook, IL, Rehab Connections, Inc., January 15, 2005

Management of Pressure Ulcers and Lower Extremity Ulcerations, Rehabilitation Institute of Chicago, February 10-12, 2005

Advancements in Upper Extremity Prosthetics, Hanger Prosthetics and Orthotics, Oak Lawn, IL, February 21, 2005

Excel Basics, Governors State University, February 22, 2005

Osteoporosis: An Update for Clinicians, University of Chicago, April 16, 2005

Mindful Practice and Mindful Learning, Chicago Area Clinical Educators Forum, Chicago, IL, May 4, 2005

Google Workshop, Governors State University, May 20, 2005

Introduction to Spaced Retrieval, HCR ManorCare, Homewood, IL, August 18, 2005

Clinical Performance Instrument Update, Chicago Area Clinical Educators Forum, Midwestern University, September 14, 2005

Diabetic Management in Crisis Situations, Park Forest (IL) Nurses Club, October 22, 2005

Interpreting Lab Tests, Chicago, IL, American Healthcare Institute, November 30, 2005

Professional Portfolios for PT Students, Alyson Totten and Roberta Henderson, Evanston, IL, February 8, 2006

Administering WebCT Exams and Quizzes, GSU, March 9, 2006

Adult Urinary Incontinence, HCR ManorCare, Palos Heights, IL, April 10, 2006

Psychopharmacology, Chicago, IL, April 6, 2006

Train the Trainer Course for APTA CI Education and Credentialing Program, APTA, Alexandria, VA, April 21-23, 2006

Transition from Student to PT/PTA to Clinical Instructor, Chicagoland Clinical Educators Forum, May 3, 2006

Introduction to GSU Library Website, July 5, 2006

Therapeutic Approaches to Dementia, Tinley Park, IL, July 14, 2006

Clinical Instruction Models and Productivity, D. Straube, Chicago IL July 19, 2006

New Clinical Performance Instrument, N. Francis, Chicago, IL, August 16, 2006

Leadership Across the Generations, Chicago Area Clinical Educators Forum, September 16, 2006

Diabetes and Obesity, Med 2000, Oakbrook, IL, January 25, 2007

Recognizing When a Student or New Graduate is Ready for Independence, Chicago Area Clinical Educators Forum, February 7, 2007

Quality Matters and How it Works with WebCT6, M. Wicker, at Governors State University

High-Intensity Strength Training for Older Adults, HCR ManorCare, Palos Heights, IL, April 26, 2007

How Service Learning Experiences Benefit Physical Therapist Students' Professional Development: A Grounded Theory Study, Chicago Area Clinical Educators Forum, May 2, 2007

Trauma Surgery: Implications for Rehab, METT Therapy Services, Olympia Fields, IL, August 7, 2007

PT/PTA Student Relationships: Reviewing Supervision, R. Wojcik, Governors State University, August 15, 2007

Pediatric Care Symposium, Saint Margaret Mercy Healthcare Centers, September 26, 2007

Wound Care for the Non Wound Care Clinician, METT Therapy Services, November 9, 2007

Working with a Student with a Physical Disability, at CACEF, March 5, 2008

Contracts, at CACEF, Chicago, IL, May 7, 2008

APTA Self-Study Workshop, San Antonio, TX, June 8-9, 2008

Stress, Depression and Pain, INR, Hammond, IN, August 21, 2008
Patellofemoral Pain, METT Therapy Services, Chicago Heights, IL, September 25, 2008

Rapid Response (Identifying the Patient in Crisis), EMS Nursing Education, Oak Lawn, IL, October 18, 2008

Advanced Clinical Instructor certification course, APTA, Rosalind Franklin University, IL, November 14 - 15, 2008

Ethical Decisions in Clinical Education at CACEF, Chicago, IL, April 1, 2009

Vision 2020 and the Framing Scenario at CACEF, Downers Grove, IL, May 14, 2009

Consensus Conference on Standards in Clinical Education, APTA, St. Louis, MO, May 29, 2009

Summary of Consensus Conference on Standards in Clinical Education at CACEF, Downers Grove, IL, July 8, 2009

PT CPI Self-Guided On-Line Training Course, July 20, 2009

PT CPI Web at CACEF, Chicago, IL, August 5, 2009

Arthritis, Kankakee (IL) Community College, August 28, 2009

Educational Leadership Conference, Philadelphia, PA, October 2-4, 2009

PTA Education at CACEF, Elmhurst, IL, November 4, 2009

Working with Students with Disabilities in the Clinics at CACEF, Chicago, IL, March 3, 2010

Newer Technologies for Pediatric Orthotics, Midwest Orthotics, Matteson, IL, March 23, 2010

How to Make Working with Students Work, CACEF, Chicago, IL, July 7, 2010

ExPAAC Focus, Pre-Conference course, APTA Section on Geriatrics, Indianapolis, IN, July 28, 2010

ExPAAC Focus, APTA Section on Geriatrics, Indianapolis, IN, July 29-31, 2010

Alzheimers Disease, Health ED, Oakbrook, IL, August 12, 2011

Therapeutic Modalities: An Evidence-Based Approach, Cross-Country Education, September 14, 2011

Education Leadership Conference, APTA, Clearwater, FL, October 1-3, 2011

Chaos and Confusion of Cardiac Drugs, Park Forest Nurses Club, Oak Lawn, IL, October 15, 2011

Hip Symposium, Midwest Orthopedics, Rush Medical Center, Chicago, IL, November 15, 2011

Teaching and Demonstrating Nerve Conduction Studies and Electromyography in PT Education, February 7 and 8, 2012, Chicago, IL

APTA Combined Section Meeting (CSM), February 9-11, 2012 Chicago, IL

Aquatic Therapy Basics, June 9, 2012, Mokena, IL

Certified Exercise Expert for Aging Adults (CEEAA) Course 1: June 23 and 24, St. Louis Park, MN

Certified Exercise Expert for Aging Adults (CEEAA) Course 2: December 1 and 2, St. Louis Park, MN

Certified Exercise Expert for Aging Adults (CEEAA) Course 3: March 23 and 24, St. Louis Park, MN

From Evidence to Practice, National Osteoporosis Foundation pre-conference course, April 18, 2013

Interdisciplinary Symposium on Osteoporosis, April 18-21, Chicago, IL

CI Basic Credentialing Course Update, CACEF, May 1, 2013, Downers Grove, IL

2014 Regional Graham Session, May 4, 2013, Chicago, IL

Foundations of Oncology for Physical Therapists: Medical Aspects, Educata (online), May 13, 2013

Journal Review, CACEF, July 10, University Park, IL

Managing the Difficult Student or Clinical Instructor, August 17, 2013, Arlington Heights, IL

Successful Rehab of the Amputee, Hanger Clinic, La Grange Park, IL, October 2, 2013

Education Leadership Conference, October, 2013, Portland, OR

Technology Symposium 2013, November 2, 2013, Genesis Rehab at Northwestern University, Chicago, IL

Current Teaching Responsibilities:

Fall Semester

PHYT 7727 Physical and Electrical Agents in Physical Therapy Laboratory
PHYT 8803 Clinical Internship II

Spring Semester

PHYT 9805 Clinical Internship III and 9807 Clinical Internship IV and PHYT
9809 Clinical Internships III and IV
PHYT 7772 Orthotics and Prosthetics
PHYT 9808 Integrative Physical Therapy Seminar VII

Summer Term

PHYT 7729 Clinical Practicum
PHYT 8801 Clinical Internship I
PHYT 7786 Physical Therapy Management of Medical/Surgical Conditions
PHYT 6721 6722 Patient Management III Lecture and Laboratory

Other Assigned Duties

Co-Director of Clinical Education
Faculty Advisor to the Physical Therapy Student Association